

Peterborough Ball Hockey House League Rules

We emphasize **SAFETY & FUN**

GAME

- We use OBHA rules with some house league rules added.
- Women's and Minor's plays two 16 minute periods.
- Teams start the game in the opposite end to their bench.
- Games start on time with the 3 minute warm up.
- After the warm up, the game starts with 6 players, (6 runners or 5 runners and 1 goalie).

Players can only play on the team that they are rostered to. An exception can be made by the President or VP. Due to the importance of goalies, we will make an exception to goalies playing for other teams if needed but **MUST** be written on the game sheet and **MUST** have the letters AP (affiliated player) beside their name.

- Ball must hit the floor and be played with the stick first or play is stopped and faceoff player is removed. Rule 57(a).
- We have a floating blue line rule. Blue line is not used once the ball crosses the line.
- Tape **is** allowed on sticks (no black on the blade), (house rule)(Rule 21(g))
- Refs are NOT medically trained and not responsible to treat any injuries. Teams must attend to injuries.

Harassment of officials will be penalized harshly.

EQUIPMENT

ALL players and goalies **MUST** wear CSA approved helmets (NOT BNQ) with chin **straps** fastened within one finger of the chin. (NO string or tape for holding helmets on). Women's and Minor's leagues **MUST** wear CSA facial protection. CSA gloves, hockey or ball hockey with palms in good condition.

ALL hard fiber pads (shin pads, elbow pads and goalie equipment) **MUST** be covered.

ALL players must wear uniform team colours with numbers on the back (NO taped numbers)

Goalies should also wear team matching colours.

PENALTIES

- All penalties are the same as OMHA/OWHA ice hockey rules except these few listed below.
- Slice/golf shots (one hand or two, backhand or forehand) minor, major or match & GM.**
- Slide checks, if player contact is made it's a minor, major or match & GM.

- High sticking the ball above the shoulder in women's and minor's it's a face off in defensive end zone.
- Head contact –Accidental is a minor.
- Intentional is a double minor or major & GM or match. & GM.
- Wrap arounds are a minor or major & GM. (Interference or holding).
- Free hand contact may be a minor or major & GM or match & GM. (call is Body contact, roughing, holding,)
- Body checking is a minor or major & GM or match & GM.

DOUBLE MINOR PENALTIES for

- Butt Ending attempt
 - Spearing
 - Head Butt
 - Head Contact (Intentional)
- Fighting is a major & GM or match & GM and a minimum 5 game suspension for first fight and a year for second fight within a year of the first. Instigator and aggressor is an addition game suspension, each.
- Accumulated penalties will lead to suspension.
- 3 penalties in one game is a game ejection. (Double minors are treated as one penalty toward 3 penalty ejection)
- NO water bottles at the net. (Unless it's a NO-SPILL bottle). Minor for delay of game to clean up water.